

What Is Big In Your Heart Right Now?

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Psalm 40

Discussion Questions

- What is big in your heart right now? Has the coronavirus crisis revealed any areas of your life (false gods v4) that distract you from trusting Jesus?
- When we're waiting for something it is easy to put ourselves in a psychological waiting room rather than actively enjoying God. How can we joyfully and creatively choose intimacy with Jesus and create space for him? (vv3, 8)
- Do you think God can use this crisis for your good and for his glory?

'There can be no vulnerability without risk; there can be no community without vulnerability; there can be no peace, and ultimately no life, without community.'
M. Scott Peck in 'The Road Less Travelled'

Read Psalm 40:9-12

- Do you have any testimony of when being real about your struggles has helped you to talk about Jesus?
- 'There is no greater test of our Christian character than close fellowship.' Derek Prince. Do you agree? How can you encourage one another as a Connect Group? Are you able to challenge one another and to love one another?

Personal Reflection: Read Psalm 40:13-17.

David recognises that salvation comes from God, he recognises the spiritual dimension and that we need to be delivered from evil. He also remembers God's goodness in vv5, 11, 16. Take some time to reflect on where you are 'poor and needy', and to remember God's 'many wonders' in your life.

Pray for one another's areas of need and give thanks for God's provision and faithfulness.

Worship suggestions

Christ Be Magnified - Cody Carnes / Cory Asbury

You Alone Can Rescue - Matt Redman

