

**13/14 June 2023 2 Timothy 2:14-3:9**

i) Can you relate to the different experiences of both *spiritual health* (the truth & grace of Jesus), and *ill-health* (straying from that truth)?

**Read 2 Timothy 2:14-29**

### Spiritual Health

1a) If spiritual health is tied to 'correctly handling' (*ortho*) the Word of Truth, how can we seek to humbly 'sit under' God's Word, not critically 'stand over' it?

(The 'quarrelling' and 'babbling' throughout this passage suggests a picture of someone who is, at heart, regularly poking at Scripture as opposed to submitting to it).

### Risk of Ill-health:

**Drifting slightly (v.16-18) or Determined opposing (3v8)**

**2. It's very easy for church teachers and us all to drift from Jesus in His Word (where we are tempted to ask, 'Did God really say...?').**

Ed gave three examples: i) ignoring Jesus' call to serve the poor; ii) the temptation to make the gospel one of self-esteem and self-fulfilment (rather than taking up our cross); and iii) going with the culture regarding sexual ethics.

**3. See 3:1-5. Some church teachers were 'all style but no substance;' their heart's deepest loves (v.4) were 'disordered,' (which showed up in their lifestyle). In what ways do you relate to the idea that "What the heart loves, the will does, the mind justifies"? What is it that our hearts are most attached to today?**

(Perhaps split into pairs or threes to be honest here about our heart's deepest loves)

### Responses to Ill-health

**4. Ed talked about 'Hands (2v.21-23), Face (v.24-25), Space (3v5)' as the 3 ways Timothy as a young pastor should respond to false teaching. What would it look like in practice to invite others close enough to gently give us a 'nudge on the tiller' to help us stay on 'North compass' with Jesus?**

### Remedy for Ill-health

**5. If Jesus Christ (2v8) is the healing balm we all need, maybe spend some time praying, receiving his healing grace afresh.**

"How sweet the name of Jesus sounds in a believer's ear! It soothes our sorrows, heals our wounds, and drives away our fear."

Perhaps play a modern version of [Newton's old hymn](#)

### Pray

-For the Word of Truth to be our North compass in our beliefs and our lives;  
-For our leaders at HTC and across the Church of England to not be ashamed of Jesus' truth.  
- For the Spirit's gentleness and kindness as we seek to follow the Lord together.

### This book was mentioned on Sunday:

[Why does God care who I sleep with? - Sam Allberry | The Good Book Company](#)

Perhaps a CG summer read...?!